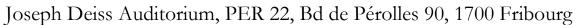


## 1<sup>ST</sup> RESEARCH DAY ON NUTRITION

November 14<sup>th</sup> 2022

Friboura



| 8:55-9:00 | Welcome address                                | Dragos Inta                           |
|-----------|--|---------------------------------------|
|           |  | Dept. for Community Health, UNIFR     |
| 9:00-9:15 | Ongoing and planned research clusters at UNIFR | Katharina Fromm                       |
|           |  | Vice-Rector for Research & Innovation |

| 9:15-10:15                |  |   |
|---------------------------|--|---|
| FOOD & NUTRITION RESEARCH |  |   |
| 9:15-9:30                 | Design and characterization of milk-inspired functional food   | Stefan Salentinig                                 |
|                           |  | Biocolloids Lab, Department of Chemistry, UNIFR   |
| 9:30-9:45                 | Detection of nanomaterials in consumer products                | Amelie Bazzoni                                    |
|                           |  | BioNanomaterials, Adolphe Merkle Institute, UNIFR |
| 9:45-10:00                | L-arginine-rich food: Beneficial or Harmful?                   | Zhihong Yang                                      |
|                           |  | Cardiovascular & Aging Research, UNIFR            |
| 10:00-10:15               | Presentation of the Swiss Research Network - Healthy Nutrition | Guy Vergères                                      |
|                           |  | Functional Nutritional Biology, Agroscope, Berne  |

| 10:15-10:45<br>NUTRITION & DEVELOPMENT |  |   |
|--|--|---|
| 10:15-10:30                            | The importance of the microbiome on infant's health                                  | Petra Zimmermann                                  |
|  |  | Department of Pediatrics, Fribourg Hospital/UNIFR |
| 10:30-10:45                            | Sleep-wake rhythm development in the (un)born infant: multi-dimensional interactions | Salome Kurth & Andjela Markovic                   |
|  |  | Development of Sleep Regulation, UNIFR            |

## 10:45-11:00 Coffee break

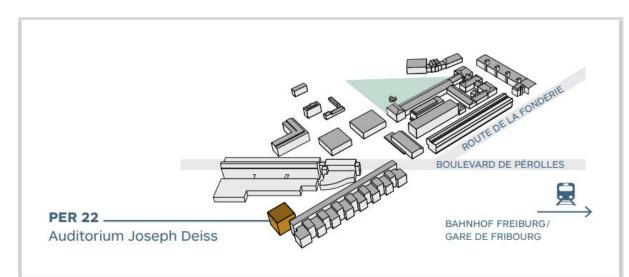
| 11:00-12:00<br>OBESITY RESEARCH |  |   |
|---------------------------------|--|---|
| 11:00-11:15                     | Astrocytes at the interface between systemic energy homeostasis and memory                 | Katharina Timper  |
|                                 | formation  | Laboratory of Obesity Research, University Hospital Basel |
| 11:15-11:30                     | Towards better early diagnosis and management of sarcopenia and sarcopenic obesity         | Abdul Dulloo  |
|                                 |  | Laboratory of Nutritional Energetics and Body Composition |
|                                 |  | Regulation, UNIFR   |
| 11:30-11:45                     | Exploring signals that make us stop eating   | Yann Ravussin   |
|                                 |  | Laboratory of Energetics and Advanced Nutrition, UNIFR    |
| 11:45-12:00                     | Triglyceride lipolysis triggers liquid crystalline phases in lipid droplets and alters the | Stefano Vanni   |
|                                 | LD proteome  | Molecular Biophysics of Cellular Membranes, UNIFR         |
| 12:00-12:15                     | Funding opportunities at UNIFR   | Katja Wirth   |
|                                 |  | Research Promotion Service, UNIFR                         |

## 12:15-13:00 Lunch

| 13:00-13:30<br>EATING DISORDERS |  |  |
|---------------------------------|--|--|
|                                 |  |  |
|                                 |  | Department of Psychology, UNIFR                    |
| 13:15-13:30                     | Behavioral aspects related to obesity and anorexia and to eating behavior in general | Chantal Martin Sölch & Mayron Piccolo              |
|                                 |  | Department of Psychology, UNIFR/Harvard University |

| 13:30-13:45                               |   |   |
|---|---|---|
| NUTRITION IN BRAIN FUNCTION AND DISORDERS |   |   |
| 13:30-13:45                               | Influence of nutrition on cognitive processes. Neurophysiological investigations in | Michael Schmid                                    |
|   | non-human primates  | Systems Neurosciences Laboratory, UNIFR           |
| 13:45-14:00                               | Default mode network regulation and nutrition                                       | Gregor Rainer                                     |
|   |   | Visual Cognition Laboratory, UNIFR                |
| 14:00-14:15                               | Acute effects of alcohol consumption on corticospinal parameters measured by        | Wolfgang Taube                                    |
|   | transcranial magnetic stimulation   | Movement and Sport Science, UNIFR                 |
| 14:15-14:30                               | Self-Reported Dietary Habits and their Association with Gene Methylation and        | Adrian Hase                                       |
|   | Psychiatric Outcomes  | University Center for Psychiatric Research, UNIFR |
| 14:30-14:45                               | The complex effect of low carb diets  | Dragos Inta & Ilya Smolensky                      |
|   |   | Translational Psychiatry, UNIFR                   |

| 14:45 | Closing remarks and final discussion round | Yann Ravussin |
|-------|--|---------------|
|-------|--|---------------|



## **Organisation and contact:**

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